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Department of Psychological Sciences
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RESEARCH INTERESTS

Obesity treatment and prevention
Social and interpersonal processes impacting weight management
Maintenance of health-related behavior change

EDUCATION

B.A. College of the Holy Cross (1994), Worcester, MA; Psychology, Cum Laude
M.A. Stony Brook University (1996), Stony Brook, NY; Clinical Psychology
Ph.D. Stony Brook University (2000), Stony Brook, NY; Clinical Psychology
Clinical Psychology Brown University Clinical Psychology Training Consortium (2000)
Internship Providence, RI (APA Approved)

POSTGRADUATE TRAINING

Postdoctoral Fellowship Miriam Hospital and Brown Medical School (2000-2001), Providence, RI

PROFESSIONAL LICENSES

Clinical Psychologist; CT License #003020 (pending renewal)

ACADEMIC APPOINTMENTS

2017-present Professor, Psychological Sciences; University of Connecticut, Storrs, CT
2011-2017 Associate Professor, Psychological Sciences; University of Connecticut, Storrs, CT
2007-2011 Assistant Professor, Psychological Sciences; University of Connecticut, Storrs, CT
2007-2016 Adjunct Assistant Professor (Research), Psychiatry and Human Behavior
Brown Medical School, Providence, RI
2003-2006 Assistant Professor, Psychology; UMass Dartmouth, North Dartmouth, MA
2006-2007 Assistant Professor (Research), Psychiatry and Human Behavior
2001-2003 Brown Medical School, Providence, RI

LEADERSHIP EXPERIENCE

2018-present **Director**; Institute for Collaboration on Health, Intervention, and Policy;
University of Connecticut
2016-present **Director**; Training and Development Core; Institute for Collaboration
on Health, Intervention, and Policy; University of Connecticut
2015-2018 **Associate Director**; Institute for Collaboration on Health, Intervention, and Policy;
University of Connecticut

- 2016-2017 **Member**; Society of Behavioral Medicine Mid-Career Leadership Institute
 2012-2015 **Co-Chair (elected position)**; Society of Behavioral Medicine, Obesity and Eating Disorders Special Interest Group
- 2008-present **Chair**; Obesity Research Interest Group (ORIG); Connecticut Institute for Clinical and Translational Science/Institute for Collaboration on Health, Intervention, and Policy, University of Connecticut

OTHER APPOINTMENTS

- 2016-present **Member**; National Health, Lung Blood Institute ADOPT Core Measures Project Accumulating Data to Optimal Predict Obesity Treatment (Environmental Subgroup)
- 2011-2012 **Co-Guest Editor**; Journal of Obesity, Special Issue on Motivation and Self-Regulation in Long-Term Weight Maintenance
- 2010-present **Editorial Board**; Translational Behavioral Medicine: Practice, Policy and Research
- 2008-2009 **Consultant**; Obesity Program; Connecticut Children’s Medical Center, Hartford, CT
- 2015-present **NIH Study Section Member**; Clinical and Integrative Diabetes and Obesity (CIDO)
- 2005-present **NIH Ad Hoc Reviewer**
 2015 NIH Bariatric Surgery Special Emphasis Panel
 2010-2014 EMNR Clinical and Integrative Diabetes and Obesity
 2011-2014 NIH Population Sciences and Epidemiology Integrated Review Group
 2013 Psychosocial Risk and Disease Prevention (PRDP) Study Section
 2013 Risk, Prevention, and Interventions for Addiction Overflow Study Section
 2006-2013 NIDDK Translational Research for Diabetes Prevention and Control
 2011 NIDDK DDK-C Subcommittee
 2009 NIH Challenge Grants in Health and Science Research
 2009 NHLBI Targeted Approaches to Weight Control for Young Adults
 2007 NHLBI Development and Dissemination Research
 2005 NIEHS Obesity and the Built Environment
- External Grant Reviewer**
 2015 Health Research Board, Ireland
 2015 SUNY Research Foundation
 2013 Pennsylvania Department of Health Final Performance Review
 2011 University of North Carolina Chapel Hill, Health-e-NC Initiative
 2009 American Institute of Biological Sciences, US Army Medical Research
 2006 Pennsylvania Department of Health Obesity Grants
- 2017, 2018 **Reviewer**; The Obesity Society’s Obesity Week Annual Meeting
- 2005, 2008, 2010-16 **Reviewer**; Society of Behavioral Medicine’s Annual Meeting
- 1999-present **Ad Hoc Reviewer**
 Academic Pediatrics, Alcoholism: Clinical & Experimental Research, American Journal of Preventive Medicine, Annals of Behavioral Medicine, Appetite, Asia Pacific J of Clinical Nutrition, Behavior Research & Therapy, BMC Public Health, California Journal of Health Promotion, Clinical Psychological Sciences, Contemporary Clinical Trials, Eating Behaviors, Environment & Behavior, Families, Systems, & Health, Health Education Research, Health Psychology, Health & Quality of Life Outcomes, Indian Journal of Medical Sciences, International Journal Behavioral Medicine, International Journal of Behavioral Nutrition & Physical

Activity, International Journal of Obesity, ISRN Obesity, Journal of Behavioral Medicine, Journal of Consulting & Clinical Psychology, Journal of Obesity, Journal of Racial & Ethnic Health Disparities, Journal of Social & Clinical Psychology, Journal of Social & Personal Relationships, Medscape Journal of Medicine, Mount Sinai Journal of Medicine, Nicotine Tobacco Research, Nutrition Metabolic & Cardiovascular Disease, Obesity, Pediatrics, Physiology & Behavior, Preventing Chronic Diseases, Preventive Medicine, Primary Healthcare Research & Development, Psychology & Health, Public Health Nutrition, Social Science & Medicine, Translational Behavioral Medicine

HONORS AND AWARDS

2018	Editors' Choice Article, Obesity
2016	Top Abstract Award, Clinical Management Section, Obesity Society
2014-2015	Bennett Fund Award for Innovative Education in Health and Society, UConn
2013	First Place Poster Award, Clinical Track, Obesity Society
2013	Meritorious Student Abstract (mentor), Society of Behavioral Medicine
2007, 2008	Citation Award for Paper Presentation, Society of Behavioral Medicine
2003, 2008	Citation Award for Poster Presentation, Society of Behavioral Medicine
1999	Presidential Award for Excellence in Teaching, Stony Brook University
1998	Dissertation Grant Award, Society for the Science of Clinical Psychology
1994	Phi Beta Kappa
1994	Most Distinguished Psychology Major, College of the Holy Cross
1993	New England Psychological Association Honorary Undergraduate Fellow
1993	Undergraduate Research Award, College of the Holy Cross

MEMBERSHIP IN SOCIETIES

Society of Behavioral Medicine (SBM)

The Obesity Society (TOS)

GRANTS

Current External Grants

1. R21 DA046971: "Is long-term maintenance worth the wait? Using real time data capture to examine delayed discounting as a putative target of physical activity adherence in weight loss maintenance interventions"

National Institutes of Health

Principal Investigator; Leahey (MPI)

9/20/18-8/31/20; \$440,500

Using an experimental medicine approach, this study will test whether delayed discounting (i.e., the tendency to devalue larger future rewards in favor of immediate rewards) is engaged by a novel future thinking visualization procedure and whether engagement predicts physical activity outcomes during a weight loss maintenance intervention.

2. R01 R01DK111232: "Peer support for weight loss maintenance"

National Institute of Diabetes and Digestive and Kidney Diseases

Co-Investigator; Leahey (PI)

8/1/17-7/30/22; \$3,723,883

This randomized controlled trial will test whether peer coaches trained in autonomy supportive practices can promote sustained weight loss maintenance in adults with obesity.

3. U24 AG052175: “InCHIP Healthy Habits Systematic Review Project” subcontract to Science of Behavior Change Resource and Coordinating Center
National Institutes of Health

Co-Investigator; Davidson (PI), Johnson (Subcontract PI)

1/1/17-12/31/19; \$713,107 (subcontract total)

In this project, we will collaborate with investigators funded through NIH’s Science of Behavior Change Resource and Coordinating Center to conduct systematic reviews and meta-analyses of key health domains.

4. R01 HL090864: “Prevention of weight gain in young adults”

National Heart, Lung, Blood Institute (NHLBI)

Consultant; Wing (PI at Brown Medical School)

8/18/09-5/30/18; \$5,745,402

This multi-site randomized clinical trial is testing innovative interventions to prevent weight gain over an average of 6 years of follow-up in individuals 18 to 35 years of age.

5. R01 HL118208: “Ripple effect of lifestyle intervention during pregnancy on partners’ weight”

National Heart, Lung, Blood Institute (NHLBI)

Consultant; Hagobian (PI at Cal Poly)

8/15/13-6/30/18

This study is exploring the impact of a program designed to prevent excessive gestational weight gain on spouses/partners. The results will shed light on the reach of behavioral interventions during this critical window.

6. R01 MH110965: “Peer support and mobile technology targeting cardiometabolic risk reduction in young adults with SMI”

National Institutes of Health; NIMH

Consultant; Aschbrenner (PI at Dartmouth)

7/21/16-5/31/21; \$478,462

This study is evaluating the effectiveness of a scalable group-based lifestyle intervention (PeerFIT) supported by mHealth technology and social media that can be widely adopted to promote weight loss and improved fitness in young adults with serious mental illness. The 12-month PeerFIT intervention will be compared to Basic Education in fitness and nutrition supported by a wearable Activity Tracking device.

Completed Grants as Principal Investigator

1. R21 HL125157: “Test of a theory-based weight loss program for couples: Project TEAMS”

National Heart, Lung, Blood Institute (NHLBI)

Principal Investigator

12/1/14-11/30/17; \$432,705

This randomized controlled trial compared two couples-based approaches to weight loss: one in which spouses attend treatment together and work on the same weight loss goals and the other in which spouses attend treatment together and receive specific training on how to support each other’s weight loss progress.

2. R21 HD073966: “Early childhood obesity prevention: Building healthier families and communities”

Principal Investigator; Cloutier (MPI)

6/1/13-3/31/16; \$467,519

The primary aim of this study, proposed on behalf of the Hartford Childhood Wellness Alliance, was to test the initial efficacy of a program of enhanced home visitation with neighborhood and community support to change maternal behaviors related to infant nutrition, parenting skills, and family wellness.

3. Weight Watchers: “Ripple effects in Weight Watchers: Are Weight Watchers members a catalyst for change in untreated family members?”

Principal Investigator

9/1/14-12/31/15; \$193,821

This study examined the impact of Weight Watchers on the weights and energy balance behaviors of overweight and obese untreated spouses and children using social relations modeling.

4. Science Applications International Corporation: “Understanding barriers to weight control in submariners and their families”

Principal Investigator

9/30/12-8/31/14; \$78,014

In this project, we conducted formative research to understand the barriers to weight management in the unique work and family environments of active duty submariners. Focus groups, interviews, surveys, and an environmental audit were conducted to inform the development of a weight management program.

5. Community Health Network of Connecticut: “The added value of telephone follow up and home visits in helping children to grow up healthy”

Co-Principal Investigator; Cloutier (Co-PI)

1/2/12-6/30/14; \$16,133 (subcontract total)

This study examined whether incorporating monthly home visits and telephone follow up calls (by community health workers) into a pediatric primary care based obesity prevention program strengthened the effectiveness of the intervention.

6. Aetna Foundation: “Helping children to grow up healthy: The pediatrician's role in preventing childhood obesity”

Co-Principal Investigator; Cloutier (Co-PI)

2/1/10-1/31/13; \$302,412 (\$63,943 subcontract total)

This project tested the impact of brief motivational counseling delivered by medical providers to mothers of 2-4 year old Latino and African American children on children's weight gain trajectories, eating behaviors, and physical activity habits.

7. R01 HL77082: “Modifying obesogenic homes: Impact on weight maintenance”

National Heart, Lung, Blood Institute

Principal Investigator

5/1/04-4/30/10; \$2,065,702

The major goal of this randomized controlled trial was to examine whether long-term weight loss was improved by modifying social and physical cues in the home environment.

8. R01 NR07960: “The role of the home environment in weight loss maintenance”

National Institute on Nursing Research

Principal Investigator

8/15/01-5/31/07; \$422,308

This project, an ancillary grant to the multi-center Look AHEAD trial, explored the impact of an intensive weight loss program on untreated spouses and the home environment.

9. Obesity Society New Investigator Grant: “Capitalizing on natural motivation for behavior change: Angioplasty as a teachable moment for weight loss”

Principal Investigator

11/00 – 10/01; \$15,000

This study explored whether angioplasty patients’ response to a weight loss program was influenced by the timing of treatment (i.e., either immediately after the medical trigger or delayed by a few months).

Completed Grants as Co-Investigator or Consultant

1. R01AA021471: “Influence of food insecurity on adherence”

Co-Investigator; Kalichman (PI)

9/15/13-8/31/16

This grant supported the design and field-testing of a theory-based intervention to address food insecurity and improve antiretroviral therapy (ART) adherence among men and women living with HIV infection.

2. R01DK092374: “Environment and acceptance-based innovations for weight loss maintenance”

National Institute of Diabetes and Digestive and Kidney Diseases

Co-Investigator; Butryn (PI at Drexel University)

9/15/11 – 6/30/16; \$95,838 (subcontract total)

This RCT examined whether a home environment focused intervention, an intervention that teaches emotion regulation skills, or a combination of the two programs was more effective at producing long-term weight loss maintenance in overweight adults.

3. R03 DK095959: “Using motivational interviewing to improve weight loss outcomes with young adults”

National Institutes of Health, NIDDK

Consultant; LaRose (PI at Virginia Commonwealth University)

9/1/12-8/31/14

This pilot study examined the use of a brief motivational interviewing approach to weight loss in young adults, ages 18-25 years old.

4. National Cancer Institute: “Targeting the teachable moment: A lifestyle intervention for BCa survivors”

4/1/11-3/31/13

Co-Investigator; Park (PI); \$215,474

This randomized controlled pilot study examined the efficacy of a newly developed motivationally enhanced behavior change program for recent breast cancer survivors focusing on increasing physical activity and promoting healthy eating choices.

5. K23 HD057957: “Comprehensive patient-based outcome measure for heavy menstrual bleeding”

Consultant; Matteson (PI at Brown Medical School)

9/1/08-8/31/13

This career development award aimed to develop a high quality patient-based outcome measure for heavy menstrual bleeding that can be used in clinical care and future research.

6. R21 HD065185: “Cultural context of adolescent health disparities”

Co-Investigator; Milan (PI)

6/1/10-5/31/12; \$426,914

This study explored whether parents' culturally rooted ideas about gender that are infused into family life indirectly influence the risk of STDs, unintended pregnancy, and overweight/obesity in adolescent girls.

7. R03 MH083987: “Treatment response in ethnic minority individuals with binge eating disorder”

Consultant; Thompson-Brenner (PI at Boston University)

6/1/09-2/28/11

This grant examined binge eating disorder symptomatology and treatment response among African American and Hispanic/Latinos who participated in psychotherapy trials.

8. National Library of Medicine: “Using virtual environments to improve health and compliance in diabetes”

Co-Investigator; Williams, G. (PI at the University of Rochester)

9/10-8/12; \$92,860 (subcontract total)

In this project, we developed and tested an interactive online weight management program for overweight and obese adults with type 2 diabetes.

9. U01 DK067861: “Weight Reduction for Incontinence Treatment Network (PRIDE)”

National Institute of Diabetes and Digestive and Kidney Diseases

Co-Investigator; Wing (PI)

9/30/2003 - 6/30/2009; \$1,749,164

This multi-center randomized controlled trial examined the impact of weight loss on urinary incontinence in 330 overweight women and tested the efficacy of a novel motivationally-based maintenance program.

10. R01 DK 57413: “Interactive computer intervention for prevention of weight regain (STOP Regain)”

National Institute of Diabetes and Digestive and Kidney Diseases

Co-Investigator; Wing (PI)

7/1/00 – 6/30/06; \$1,797,026

This project examined whether extending the length of treatment, either via newsletter, face-to-face meetings, or the internet, prevented weight regain in successful weight losers.

11. DK066787 S1 (Administrative Supplement): “Predictors of long-term weight loss”

National Institute of Diabetes and Digestive and Kidney Diseases

Co-Investigator; Phelan (PI)

5/05-12/07; \$150,000

This cross-study investigation explored behavioral, psychological, and environmental predictors of long-term weight loss in a diverse sampling of adults.

12. NIH (Administrative Supplement): “The impact of the physical and socioeconomic environment on changes in diet, physical activity, and weight management”

Co-Investigator; Migneault (PI)

7/05-6/07; \$150,000

This cross-study project was designed to understand how physical and socioeconomic environmental factors influence the maintenance of healthy eating, physical activity, and weight loss.

Current Internal Grants

1. UConn Research Excellence Program: “Can social support mitigate the stress of weight management? Investigating physiological stress responses to couples’ communication about weight loss

Co-Investigator; Denes (PI, Communication Sciences)

6/1/17-6/30/18; \$45,331

This funding will be used to explore the physiological stress response of couples participating in a weight loss intervention when discussing weight-related topics.

2. UConn Center for Health, Intervention, and Prevention-CCMC Dual PI Seed Grant: “Creating PAW (Pain and Weight) Treatment

Principal Investigator; Santos (MPI, CCMC)

5/15/15-5/14/18; \$30,000

This funding will be used to conduct formative work to understand the experience of comorbid pain in children with overweight and obesity. We will explore how pain might influence eating, physical activity, and response to a weight management intervention.

Completed Internal Grants

1. UConn Center for Health, Intervention, and Prevention PI Grant: “Development of a mobile phone application to address recurrent binge eating”

Co-Investigator; Cornman (PI, CHIP)

4/1/14-6/30/16; \$15,000

This funding will be used to conduct formative work to understand triggers for binge eating in college students and to develop a smart phone app to help prevent at-risk students for developing an eating disorder.

2. UConn Center for Health, Intervention, and Prevention PI Grant: “Development and Pilot Test of a Virtual Coach App on Weight Loss and Maintenance”

Co-Investigator; Snyder (PI, Communication Sciences)

4/1/13-6/30/16; \$15,000

This funding will be used to develop and test a weight loss app to support weight loss and maintenance in overweight and obese adults.

3. UConn Large Faculty Grant “Development and testing of a behaviorally-based, ecologically grounded weight management intervention for active duty submariners”

Principal Investigator

7/1/13-6/30/14; \$24,918

The primary objective of this work was to develop and test a weight management program for active duty submariners that was tailored to their unique work and living conditions.

4. UConn Center for Health, Intervention, and Prevention Graduate Student Grant: “The impact of infant sleep on maternal health behaviors”

Mentor; Clarke (PI, graduate student)

4/1/13-6/30/15; \$1500

This study examined how infant sleep and the use of various sleep training methods impact maternal

physical activity and postpartum weight loss.

5. UConn Center for Health, Intervention, and Prevention Seed Grant: “The Forgotten Parent – Paternal Influences on Young Children’s Eating Behaviors”

Co-Investigator; Mobley (PI, Nutritional Sciences)

4/1/13-6/30/15; \$7500

This project explored the role of the father in determining preschoolers’ dietary habits and the home food environment.

6. Connecticut Institute for Clinical and Translational Science (CICATS) Grant: “Thinking Big About Obesity: Building Team Sciences Initiatives at UConn”

Principal Investigator

3/1/14-6/30/15; \$30,000

Funding was obtained to support a full day workshop attended by ~ 100 UConn and UConn Health faculty and researchers in April, 2014. We hosted three keynote speakers from NIH and a panel discussion with CICATS, CHIP, and OVPR representatives discussing the process of team science and the resources that exist at UConn. Three funded seed grants with new interdisciplinary teams emerged from the conference.

7. UConn Center for Health, Intervention, and Prevention Graduate Student Grant: “Understanding for whom and how couples-based approaches to weight loss may be successful”

Mentor; Schierberl Scherr (PI, graduate student)

3/15/11-6/30/13; \$1500

This funding supported focus groups with couples to determine what type of support helps or hinders the weight loss process. Findings were used to develop a couples-based approach to weight loss.

8. UConn Center for Health, Intervention, and Prevention PI Grant: “Social context of health behaviors: Training family members to support weight loss”

Principal Investigator

3/15/08-6/30/10; \$15,000

The aim of this study was to examine whether spouses can be trained to provide autonomy support to weight loss participants and whether this type of support facilitates healthy behavior change.

9. UConn Research Foundation Large Faculty Award: “Health behavior change in breast cancer survivors: Project to collect pilot data”

Co-Investigator; Park (PI)

3/15/08-6/30/10; \$18,500

This project examined whether breast cancer diagnosis and treatment prompts health-related behavior change in newly diagnosed women.

10. UConn Center for Health, Intervention, and Prevention Seed: “Targeting the teachable moment: Lifestyle intervention for BCa survivors”

Co-Investigator; Park (PI)

3/15/08-6/30/10; \$8,500

This pilot study tested the initial efficacy of a newly developed motivationally-enhanced behavior change program for recent breast cancer survivors.

11. UConn Center for Health, Intervention, and Prevention Grant Development Stipend: “Summer support to develop a childhood obesity grant”

Principal Investigator

Summer 2009; \$5,000

This summer stipend supported the submission of a NIH proposal for a primary care-based pediatric obesity prevention program.

12. UConn Large Faculty Grant “Development of an empirically validated screening tool for obesity risk in children”

Principal Investigator

1/1/09-12/31/09; \$18,637

The primary objective of this work is to develop and test a screening tool for obesity-related behaviors that can be used in primary care centers to identify children at-risk for excessive weight gain.

PUBLICATIONS

Book Chapters

1. Stone, A. A., & **Gorin, A. A.** (1999). Negative affect. In G. Fink (Ed.), Encyclopedia of stress. New York: Academic Press, p. 8-11.

2. Weisberg, J. N., Vittengl, J. F., Clark, A. A., Gatchel, R. J., & **Gorin, A. A.** (2000). Personality and pain: Summary and future perspectives. In R. J. Gatchel and J. N. Weisberg, (Eds.), Personality characteristics of patients with pain. Washington, D.C.: APA Press, p. 259-282.

3. **Gorin, A. A.**, & Stone, A. A. (2001). Recall biases and cognitive errors in retrospective self-reports: A call for momentary assessments. In A. Baum, T. Revenson, & J. Singer, (Eds.), Handbook of health psychology. N.J.: Erlbaum, p. 405-413.

4. Wing, R. R., **Gorin, A. A.**, & Tate, D.F. (2001). Changing behavior for a healthier lifestyle. In B. A. Bowman and R. M. Russell (Eds.). Present knowledge in nutrition 8th Ed. Washington, D.C.: ILSI Press, p. 650-661.

5. Wing, R. R. & **Gorin, A. A.** (2003). Obesity. Oxford textbook of primary medical care. Oxford University Press, p. 777-779.

6. Wing, R. R., **Gorin, A. A.**, & Tate, D. (2006) Strategies for changing eating and exercise behavior. In B. A. Bowman and R. M. Russell (Eds.). Present knowledge in nutrition 9th Ed. Washington, D.C.: ILSI Press, p. 822-837.

7. Stone, A. A., & **Gorin, A. A.** (2007). Negative affect. In G. Fink, (Editor-in-Chief). Encyclopedia of stress, Second Edition, Oxford: Academic Press, volume 2, p. 822-825.

8. **Gorin, A. A.**, & Crane, M. (g). (2008). The obesogenic environment. In E. Jelalian and R. Steele (Eds.) Handbook of child and adolescent obesity. New York, NY: Springer, p. 145-161.

9. Patrick, H., **Gorin, A. A.**, & Williams, G. C. (2010). Lifestyle change and maintenance in obesity treatment and prevention: A self-determination theory perspective. In L. Dube (Ed.) Obesity prevention: The role of brain and society on individual behavior. London: Elsevier, p. 365-374.

10. **Gorin, A. A.**, Niemeier, H. M., & Schierberl Scherr, A. (g). (2011). Binge eating in overweight and obese individuals with type 2 diabetes. Handbook of behavior, diet, and nutrition. New York, NY: Springer, p. 2721-2729.

11. Wing, R. R., Gorin, A. A., & Tate, D. (2012). Strategies for changing eating and exercise behavior to promote weight loss and maintenance. In B. A. Bowman and R. M. Russell (Eds.). Present knowledge in nutrition 10th Ed. Washington, D.C.: ILSI Press, p. 1057-1070.

Refereed Journal Articles

1. Smyth, J. M., Ockenfels, M. C., **Gorin, A. A.**, Catley, D., Porter, L. S., Kirschbaum, C., Hellhammer, D. H., & Stone, A. A. (1997). Individual differences in the diurnal cycle of cortisol. Psychoneuroendocrinology, 22, 89-105.
2. **Gorin, A. A.**, Smyth, J. M., Weisberg, J., Affleck, G., Tennen, H., Urrows, S., & Stone, A. A. (1998). Rheumatoid arthritis patients show weather sensitivity in daily life, but the relationship is not clinically significant. PAIN, 81, 173-177.
3. le Grange, D., **Gorin, A. A.**, Catley, D., Stone, A.A. (2001). Does momentary assessment detect binge eating in overweight women that is denied at interview? European Eating Disorders Rev, 9, 309-324.
4. le Grange, D., **Gorin, A. A.**, Dymek, M., & Stone, A.A. (2002). Does intensive momentary assessment improve cognitive behavioral therapy for binge eating disorders: A pilot study. European Eating Disorders Review, 10, 316-328.
5. Johnsen, L. A. P., **Gorin, A. A.**, Stone, A. A., & le Grange, D. (2002). Characteristics of binge eating among women in the community who seek weight loss treatment. Eating Behaviors: An International Journal, 3, 295-305.
6. **Gorin, A. A.**, le Grange, D., & Stone, A. A. (2003). Effectiveness of spouse involvement in cognitive behavioral therapy for binge eating disorder. International J of Eating Disorders, 33, 421-433.
7. Wing, R. R., & **Gorin, A. A.** (2003). Behavioral techniques for treating the obese patient. Primary Care, 30, 375-391.
8. **Gorin, A. A.**, Phelan, S., Wing, R. R., & Hill, J. O. (2004). Promoting long-term weight control: Does dietary consistency matter? International Journal of Obesity, 28, 278-281.
9. **Gorin, A. A.**, Phelan, S., Wing, R. R., & Hill, J. O. (2004) Medical triggers for weight loss produce better short and long-term weight loss outcomes. Preventive Medicine, 39, 612-616.
10. **Gorin, A. A.**, Phelan, S., Tate, D., Sherwood, N., Jeffery, R., & Wing, R. (2005). Involving support partners in obesity treatment. Journal of Consulting and Clinical Psychology, 73(2), 341-343.
11. Wing, R. R., Tate, D. F., **Gorin, A. A.**, Raynor, H. A., & Fava, J. L. (2006). A self-regulation program for maintenance of weight loss. New England Journal of Medicine, 355, 1563-1571.
12. **Gorin, A. A.**, Raynor, H., Chula Maguire, K., & Wing, R. R. (2006). Decreasing household television time: A pilot study of a combined behavioral and environmental intervention. Behavioral Interventions, 21, 273-280.
13. Wing, R.R., Tate, D.F., **Gorin, A.A.**, Raynor, H.A., Fava, JL (2007). Stop Regain: Are there negative effects of daily self-weighing? Journal of Consulting and Clinical Psychology, 75, 652-656.
14. **Gorin, A. A.**, Raynor, H. A., Niemeier, H. M., & Wing, R. R. (2007). Home grocery delivery improves the household food environments of behavioral weight loss participants: Results of an 8-week pilot study. International Journal of Behavioral Nutrition and Physical Activity, 4, 58.
15. **Gorin, A. A.**, Pinto, A. M., Tate, D. F., Raynor, H., Fava, J., & Wing, R. R. (2007). Failure to meet weight loss expectations does not impact maintenance in successful weight losers. Obesity, 15, 3086-3090.
16. Pinto, A. M., **Gorin, A. A.**, Raynor, H. A., Tate, D. F., Fava, J. L., & Wing, R. R. (2008). Successful weight loss maintenance in relation to method of weight loss. Obesity, 16, 2456-61.
17. Wing, R. R., Papandonatos, G., Fava, J. L., **Gorin, A. A.**, Phelan, S., McCaffery, J., & Tate, D. F. (2008). Maintaining large weight losses: The role of behavioral and psychological factors. Journal of Consulting and Clinical Psychology, 76, 1015-21.
18. Powers, T., Koestner, R., & **Gorin, A. A.** (2008). Autonomy support from family and friends and weight loss in college women. Families, Systems, and Health, 26, 404-416.

19. **Gorin, A. A.**, Wing, R. R., Fava, J., Jakicic, J., Jeffery, R., West, D., Brelje, K., DiLillo, V., Look AHEAD Home Environment Research Group. (2008). Weight loss treatment influences untreated spouses and the home environment: Evidence of a ripple effect. International Journal of Obesity, 32, 1678-84.
20. **Gorin, A. A.**, Niemeier, H. M., Hogan, P., Coday, M., Davis, C., DiLillo, V., Gluck, M., Wadden, T., West, D. S., Williamson, D., Yanovski, S., & the Look AHEAD Research Group. (2008). Binge eating and weight loss outcomes in overweight and obese individuals with type 2 diabetes: Results from the Look AHEAD trial. Archives of General Psychiatry, 65,1447-55.
21. Subak, L. L., Wing, R., West, D. S., Franklin F., Vittinghoff, E., Creasman, J. M., Richter, H. E., Myers, D., Burgio, K. L., **Gorin, A. A.**, Macer, J., Kusek, J. W., Grady, D., & the PRIDE Investigators. (2009). Weight loss to treat urinary incontinence in overweight and obese women. New England Journal of Medicine, 360, 481-90.
22. LaRose, J., **Gorin, A. A.**, & Wing R. R. (2009). Behavioral self-regulation for weight loss in young adults: a randomized controlled trial. International J of Behavioral Nutrition and Physical Activity, 16, 6:10.
23. Wing, R. R., Pinto, A. M., Crane, M. M., Kumar, R., Weinberg, B. M., & **Gorin, A. A.** (2009). A statewide intervention reduces BMI in adults: Shape Up Rhode Island results. Obesity, 17, 991-5.
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64. Puhl, R., Himmelstein, M. S., **Gorin, A. A.**, & Suh, Y. J. (2017). Missing the target: Including perspective of women with overweight and obesity to inform stigma-reduction strategies. Obesity Science and Practice, 3, 25-35.
65. Aschbrenner, K. A., Mueser, K. T., Naslund, J. A., **Gorin, A. A.**, Zawacki, S. A., Pratt, S. I. Kinney, A., & Bartels, S. J. (2017). Facilitating partner support for lifestyle change among adults with serious mental illness: A feasibility pilot study. Community Mental Health Journal, 53, 394-404.
66. Faghri, P., Simon, J. (g), Huedo-Media, T. M., & **Gorin, A. A.** (2017). Perceived self-efficacy and financial incentives: Factors affecting health behaviors and weight-loss in a workplace weight-loss intervention. Journal of Occupational and Environmental Medicine, 59, 453-460.
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69. Cloutier, M. M., Wiley, J. F., Trapp, C., Haile, J., & **Gorin, A. A.** (2017). The childcare center: An untapped opportunity to engage and educate families in healthy behaviors. Journal of Racial and Ethnic Health Disparities. doi: 10.1007/s40615-017-0386-5.
70. Chao, A. M., Wadden, T. A., **Gorin, A. A.**, Tronieri, J. S., Pearl, R. L., Bakizada, Z. M., Yanovski, S. Z., Berkowitz, R. B. (2017). Binge eating and weight loss outcomes in individuals with type 2 diabetes: 4-year results from the Look AHEAD Study. Obesity, 25, 1830-1837. doi: 10.1002/oby.21
71. **Gorin, A. A.**, Lenz, E. M., Cornelius, T., Huedo-Medina, T., Wojtanowski, A.C., & Foster, G. D. (2018). Randomized controlled trial examining the ripple effect of a nationally available weight management program on untreated spouses. Obesity, 26(3):499-504. doi: 10.1002/oby.22098.
72. Saelens, B. E., Arteaga, S. S., Berrigan, D., Ballard, R. M., **Gorin, A. A.**, Powell-Wiley, T., Pratt, C., Reedy, J., Zenk, S. N. (2018). Accumulating data to optimally predict obesity treatment (ADOPT) core measures: Environmental domain. Obesity. Suppl 2:S35-S44. doi: 10.1002/oby.22159
73. Cornelius, T. (g), Gettens, K. (g), Lenz, E. M. (g), Wojtanowski, A.C., Foster, G. D., & **Gorin, A. A.** (in press). Prescriptive support affects weight loss in weight-loss intervention participants and their untreated spouses. Health Psychology.
74. Gettens, K. (g), Noémie Carbonneau, N., Koestner, R., Powers, T. A., & **Gorin, A. A.** (in press). The role of partner autonomy support in motivation, well-being, and weight loss among women with higher baseline BMI. Families, Systems, and Health.
75. Olson, K. L., Neiberg, R., Garcia, K., **Gorin, A. A.**, Lewis, C. E., Unick, J., & Wing, R. R. (in press). Weight and shape concern interacts with type of intervention approach to impact weight gain prevention in the SNAP trial: Implications for tailoring intervention delivery. Obesity.

76. Cloutier, M. M., Wiley, J., Cornelius, T., Kuo, C., **Gorin, A. A.** (in press). Outcomes of an early childhood obesity prevention program in a low-income community: A pilot randomized trial. Pediatric Obesity.

77. **Gorin, A. A.**, et al. (in press). Eating pathology and psychological outcomes in young adults in self-regulation interventions using daily self-weighing. Health Psychology.

78. Aschbrenner, K.A., Naslund, J. A., **Gorin, A. A.**, Mueser, K. T., Scherer, E. A., Viron, M., Kinnney, A., & Bartels, S. J. (in press). Peer support and mobile health technology targeting obesity-related cardiovascular risk in young adults with serious mental illness: Protocol for a randomized controlled trial. Contemporary Clinical Trials.

Other Publications

1. **Gorin, A. A.** (2009). Counseling overweight adults: The lifestyle patterns and toolkit. Book review published in American Journal of Lifestyle Medicine, 3, 327.

2. Teixeira, P. J., Mata, J., Williams, G. C., **Gorin, A. A.**, & Lemieux, S. (2012). Self-regulation, motivation, and psychosocial factors in weight management. Editorial published in Journal of Obesity, 2012, 582348. Epub November 7, 2012. doi:10.1155/2012/582348.

PROFESSIONAL PRESENTATIONS/PUBLISHED ABSTRACTS

Gorin, A. A. (1993, October). *Impact of starting college: Stress and coping in the first year*. Poster presented at the annual meeting of the New England Psychological Association, Manchester, N.H.

Gorin, A. A., Kelly, L., & Wolfson, A. R. (1994, June). *First year college students: Effects of a coping intervention on sleep hygiene and cognitive arousal*. Poster presented at the annual meeting of the Association of Professional Sleep Societies, Boston, MA.

Gorin, A. A., Krupp, L. B., & Stone, A. A. (1998, March). *An intensive momentary approach to the evaluation of fatigue in multiple sclerosis*. In P. Jacobsen (Chair), *Assessment of Fatigue in Chronic Illness: Conceptual and Methodological Issues*. Symposium conducted at the 19th annual meeting of the Society of Behavioral Medicine, New Orleans, LA.

Gorin, A. A., le Grange, D., Catley, D., & Stone, A. A. (1998, November). *A prospective examination of binge eating in overweight women*. Poster presented at the 4th annual meeting of the Eating Disorders Research Society, Cambridge, MA.

Gorin, A. A., Colvin, T. C., le Grange, D., & Stone, A. A. (1999, November). *Attrition in the treatment of binge eating disorder*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Canada.

Gorin, A. A., le Grange, D., & Stone, A. A. (2000, April). *Spousal involvement in the treatment of binge eating disorder*. Poster presented at the 21st annual meeting of the Society of Behavioral Medicine, Nashville, TN.

Johnsen, L. A. P., **Gorin, A. A.**, Stone, A. A., le Grange, D. (2001, May). *Characteristics of binge eating among women in the community who seek weight loss treatment*. Poster presented at the International Conference on Eating Disorders, Vancouver, Canada.

Gorin, A. A., Wing, R.W., & Hill, J.O. (2003, March). *Promoting long-term weight control: Does dietary consistency matter?* Citation poster presented at the 24th annual meeting of the Society of Behavioral Medicine, Salt Lake City, UT.

Gorin, A. A., Phelan, S., Tate, D., Sherwood, N., Jeffery, R., & Wing, R. (2003, October). *Involving support partners in obesity treatment*. Poster presented at the annual meeting of the North American Association for the Study of Obesity, Fort Lauderdale, FL. Obesity, 11 (Supplement), A77.

Phelan, S., **Gorin, A. A.**, Wing, R., & Hill, J. O. (2003, October). *Medical triggers produce better short*

and long-term weight control. Poster presented at the annual meeting of the North American Association for the Study of Obesity, Fort Lauderdale, FL. Obesity, 11 (Supplement), A77.

Gorin, A. A., Raynor, H., Lops, C., & Wing, R. R. (2004, March). *Feasibility of using an on-line grocery ordering and home delivery service in a weight loss intervention.* Poster presented at the 25th annual meeting of the Society of Behavioral Medicine, Baltimore, MD.

Wing, R., Tate, D., **Gorin, A. A.**, Robinson, N., & Raynor, H. (2004, November). *STOP Regain: A randomized trial of weight maintenance - 6 month results.* Paper presented at the annual meeting of the North American Association for the Study of Obesity, Las Vegas, NV. Obesity, 12 (Supplement), A25.

Gorin, A. A., Raynor, H., K. Chula-Maguire, & Wing, R. R. (2005, April). *Decreasing household television time: A pilot study of a combined environmental/behavioral intervention.* Poster presented at the 26th annual meeting of the Society of Behavioral Medicine, Boston, MA.

Wing, R. R., Tate, D. F., Raynor, H. A., Robinson, N., Roberts, M., & **Gorin, A. A.** (2005, October). *Can we STOP Regain after successful weight loss? 18-month results of a randomized trial.* Paper presented at the annual meeting of the Obesity Society, Vancouver, BC. Obesity, 13 (Suppl), A2.

Pinto, A. M., Tate, D. F., Raynor, H. A., **Gorin, A. A.**, & Wing, R. R. (2006, October). *Method of initial weight loss is related to weight maintenance success among participants in a weight regain prevention program.* Paper presented at the annual meeting of the Obesity Society, Boston, MA. Obesity, 14 (Supplement), A34.

Crane, M. M. (g), & **Gorin, A. A.** (2007, March). *Are college dorm rooms obesogenic environments?* Poster presented at the annual meeting of the Society for Behavioral Medicine, Washington, D.C. Annals of Behavioral Medicine, 33 (Supplement), S077.

Gorin, A. A., Pinto, A. M., Tate, D. F., Raynor, H. A., Fava, J. F., & Wing, R. R. (2007, March). *Is anyone satisfied with their weight loss?* Paper presented at the 28th annual meeting of the Society of Behavioral Medicine, Washington, DC. Annals of Behavioral Medicine, 33 (Supplement), S140.

Gorin, A. A., Phelan, S., Chula Maguire, K., Fava, J. F., & Wing, R. R. (2007, March). *Television habits in overweight and normal weight women: Environmental and behavioral differences.* Citation paper presented at the 28th annual meeting of the Society of Behavioral Medicine, Washington, DC. Annals of Behavioral Medicine, 33 (Supplement), S117.

Crane, M. M. (g), **Gorin, A. A.**, Boone, R. T. (2007, October). *Individual and environmental level predictors of weight gain in college students.* Poster presented at the annual meeting of the Obesity Society, New Orleans, LA. Obesity, 15 (Supplement), A169.

Gorin, A. A., Fava, J. L., Jakicic, J., Jeffery, R., West, D., Brelje, K., DiLillo, V., & Wing, R. R. (2007, October). *Two for the price of one: Behavioral weight control has a ripple effect on the home environment and untreated spouses.* Paper presented at the annual meeting of the Obesity Society, New Orleans, LA. Obesity, 15 (Supplement), A32.

Gorin, A. A., Phelan, S., Raynor, H. A., Maguire, K., Jordan, D., & Wing, R. R. (2007, October). *Obesogenic homes: Differences in the home food and exercise environments of normal weight and overweight individuals.* Poster presented at the annual meeting of the Obesity Society, New Orleans, LA. Obesity, 15 (Supplement), A82.

McCaffery, J., **Gorin, A. A.**, Phelan, S., & Wing, R. R. (2007, October). *Genetic testing for type 2 diabetes and behavioral weight loss.* Poster presented at the annual meeting of the Obesity Society, New Orleans, LA. Obesity, 15 (Supplement), A160.

Raynor, H. A., **Gorin, A. A.**, Maguire, K., & Wing, R. R. (2007, October). *Reliability and validity of a questionnaire measuring the availability and visibility of fruits and vegetables in the home.* Poster presented at the annual meeting of the Obesity Society, New Orleans, LA. Obesity, 15 (Supplement), A127.

Wing, R. R., Subak, L., West, D., Franklin, F., Vittinghoff, E., Creasman, J., **Gorin, A. A.**, Macer, J., Kusek, J., & Grady, D. (2007, October). *Losing 5% of body weight produces clinically significant improvement in urinary incontinence*. Poster presented at the annual meeting of the Obesity Society, New Orleans, LA. Obesity, 15 (Supplement), A98.

Gorin, A. A., Raynor, H. A., Maguire, K., Ferguson, E., & Wing, R. R. (2007, November). *Modifying the physical and social home environment to promote weight loss maintenance*. In M. Lowe (Chair), Innovative interventions for the prevention of weight gain and weight regain. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Gokee-LaRose, J., **Gorin, A. A.**, & Wing, R. R. (2008, March). *Behavioral self-regulation for weight loss in young adults*. Paper presented at the annual Conference on Cardiovascular Disease Epidemiology and Prevention, Colorado Springs, CO.

Gorin, A. A., Niemeier, H. M., Hogan, P., Coday, M., DiLillo, V. G., Gluck, M., Wadden, T. A., West, D. S., Williamson, D., Yanovski, S. Z., & the Look AHEAD Research Group. (2008, March). *Binge eating and weight loss outcomes in overweight and obese individuals with type 2 diabetes: Results from the Look AHEAD trial*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA. Annals of Behavioral Medicine, 25 (Supplement), S33.

McCaffery, J. M., Crane, M. M., Phelan, S., **Gorin, A. A.**, & Wing, R. R. (2008, March). *What if I have the gene? Impact of genetic testing for type 2 diabetes risk on weight loss motivation, depression, and anxiety*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.

Niemeier, H. M., **Gorin, A. A.**, Hogan, P., Coday, M., DiLillo, V. G., Gluck, M., Wadden, T. A., West, D. S., Williamson, D., Yanovski, S. Z., & the Look AHEAD Research Group. (2008, March). *Binge eating in overweight individuals with type 2 diabetes seeking weight loss treatment*. Citation poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA. Annals of Behavioral Medicine, 25 (Supplement), S209.

Phelan, S., **Gorin, A. A.**, Liu, T., Hogan, J., Lowe, M., Fava, J., Wing, R.R. (2008, March). *What distinguished long-term weight loss maintainers from the treatment-seeking obese? Analysis of environmental, behavioral, and psychosocial variables*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA. Received Multiple Health Behavior Change Special Interest Group SBM Presentation Citation Award. Annals of Behavioral Medicine, 25 (Supplement), S109.

Pinto, A. M., Crane, M. M., **Gorin, A. A.**, Kumar, R., Weinberg, B., & Wing, R. R. (2008, March). *Evaluation of the Shape Up Rhode Island 2007 Campaign*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA. Annals of Behavioral Medicine, 25 (Supplement), S34.

Gorin, A. A., Raftopoulos, I. (2008, June). *Patients with combined mood and eating disorders who had laparoscopic gastric bypass are more challenging postoperatively but can achieve comparable weight loss*. Paper presented at the annual meeting of the American Society for Metabolic and Bariatric Surgery, Washington, DC.

Gokee-LaRose, J., **Gorin, A. A.**, Raynor, H., & Wing, R. R. (2008, October). *Standard behavioral weight loss programs are not effective for young adults*. Poster presented at the annual meeting of the Obesity Society, Phoenix, AZ. Obesity, 16 (Supplement), S309.

Gorin, A. A., Pinto, A., West, D., Niemeier, H., Fava, J., & Wing, R. R. (2008, October). *Losing weight because you want to rather than because you feel you have to: Motivational predictors of weight loss outcomes*. Poster presented at the annual meeting of the Obesity Society, Phoenix, AZ. Obesity, 16 (Supplement), S214.

Phelan, S., **Gorin, A. A.**, Liu, T., Hogan, J., Lowe, M., Fava, J., & Wing, R. R. (2008, October). *What distinguished long-term weight loss maintainers from the treatment-seeking obese? Analysis of environmental, behavioral, and psychosocial variables in diverse patient populations*. Paper presented at

the annual meeting of the Obesity Society, Phoenix, AZ. *Obesity*, 16 (Supplement), S133.

West, D., **Gorin, A. A.**, Subak, L., Foster, G., Bragg, C., Creasman, J., & Wing, R. R. (2008, October). *Randomized trial of a novel motivationally-focused weight maintenance program*. Paper presented at the annual meeting of the Obesity Society, Phoenix, AZ. *Obesity*, 16 (Supplement), S58.

Wing, R. R., West, D., Grady, D., Creasman, J., Richter, H., Myers, D., Burgio, K., Franklin, F., **Gorin, A. A.**, Vittinghoff, E., Macer, J., Kusek, J., & Subak, L. (2008, October). *Weight loss improves urinary incontinence in overweight/obese women through 18 months*. Poster presented at the annual meeting of the Obesity Society, Phoenix, AZ. *Obesity*, 16 (Supplement), S159.

Crane, M. M., Kumar, B., Weinberg, B., Marinilli Pinto, A., **Gorin, A. A.**, Fava, J., Leahey, T. M., & Wing, R. R. (2009, March). *Increasing physical activity through a state-wide campaign*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Montreal, Quebec. *Annals of Behavioral Medicine*, 39 (Supplement), S106.

Gokee-LaRose, J., Tate, D. F., **Gorin, A. A.**, & Wing, R. R. (2009, March). *Prevention of weight gain in young adults: A preliminary comparison of large vs. small change approaches*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Montreal, Quebec. *Annals of Behavioral Medicine*, 39 (Supplement), S17.

Gorin, A. A., Powers, T., Raynor, H. A., & Wing, R. R. (2009, March). *Autonomous self-regulation, autonomy support, and weight loss outcomes*. In H. Patrick (Chair), *Autonomy support as a motivational facilitator in health behavior change*. Symposium presented at the annual meeting of the Society of Behavioral Medicine, Montreal, Quebec.

Schierberl Scherr, A. (g), **Gorin, A. A.** (2009, March). *Marital functioning among overweight women seeking treatment for binge eating disorder*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Montreal, Quebec. *Annals of Behavioral Medicine*, 37 (Supplement), S156.

Gorin, A. A., Raynor, H. A., Maguire, K., Ferguson, E., & Wing, R. R. (2009, Oct). *Making a healthy home: Changes physical and social cues in the home to improve weight loss outcomes*. Paper presented at the annual meeting of the Obesity Society, Washington, DC. *Obesity*, 17 (Supplement 2), S142.

Schierberl Scherr, A. (g), **Gorin, A. A.**, Wakefield, D., Perez-Escamilla, R., & Cloutier, M. M. (2009, October). *Maternal perception of weight and unhealthy habits in young Hispanic children: Identifying obesity prevention targets for a primary care intervention*. Poster presented at the annual meeting of the Obesity Society, Washington, DC. *Obesity*, 17 (Supplement 2), 243.

McClure, K. J. (g), Schierberl Scherr (g), A., Lenz, E. (u), Powers, T., & **Gorin, A. A.** (2010). *Negative attitudes toward obese people lead to less weight loss*. Talk presented at the Data Blitz of the SPSP Preconference on Social Psychology and Health, Las Vegas, NV.

Schierberl Scherr, A. (g), Powers, T., Lenz, E. (u), McClure, K.J. (g), & **Gorin, A.A.** (2010, April). *Self-determination theory-based couples intervention for weight loss*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Seattle, WA.

Gorin, A. A., Raynor, H. A., Crane, M., Maguire, K., Robichaud, E., & Wing, R. R. (2010, April). *Benefits of enrolling a partner in weight loss treatment*. In M. Kiernan (Chair), *A new look at social support for long-term weight management*. Symposium conducted at the annual meeting of the Society of Behavioral Medicine, Seattle, WA.

Gorin, A. A., Raynor, H. A., Fava, J., Maguire, C., Robichaud, E., Trautvetter, J., Crane, M., & Wing, R. R. (2010, October). *Randomized controlled trial of a comprehensive home environment-focused weight loss program for adults: 18 month results*. Paper presented at the annual meeting of the Obesity Society, San Diego, CA. *Obesity*, 18 (Supplement 2), S68.

LaRose, J., **Gorin, A. A.**, Clarke, M. M. (g), & Wing, R. R. (2010, October). *Preventing weight gain in young men: An uphill battle*. Poster presented at the annual meeting of the Obesity Society, San Diego, CA. Obesity, 18 (Supplement 2), S108.

Phelan, S., Kanaya, A., Subak, L., Wing, R. R., Hogan, P., West, D., **Gorin, A. A.**, Burgio, K., DiLillo, V., & Brown, J. (2010, October). *Weight loss improves and prevents urinary incontinence among women with type 2 diabetes: Results from the Look AHEAD trial*. Paper presented at the annual meeting of the Obesity Society, San Diego, CA. Obesity, 18 (Supplement 2), S47.

Raynor, H. A., **Gorin, A. A.**, Bassett, D., & Thompson, D. (2010, October). *Reducing television viewing during a brief adult behavioral obesity intervention*. Poster presented at the annual meeting of the Obesity Society, San Diego, CA. Obesity, 18 (Supplement 2), S98.

Schierberl Scherr, A. (g), **Gorin, A.A.**, Calvert, D., Martel, S., & Cloutier, M.M. (October, 2010). *Maternal perception of child weight status: associations with child, maternal, and family factors and maternal endorsement of child behaviors*. Poster presented at the annual meeting of the Obesity Society, San Diego, CA. Obesity, 18 (Supplement 2), S113.

Cloutier, M. M., Wakefield, D. B., Gregorio, L., Slep, J. (u), & **Gorin, A. A.** (2011, April). *Differences in the built environment and in rates of obesity in an urban city*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC. Annals of Behavioral Medicine, 41 (Supplement), S24.

Gorin, A. A., Powers, T. A., Koestner, R., Raynor, H., & Wing, R. R. (2011, April). *Social support for weight loss: What helps, what hurts?* Paper presented as part of the Alternative Approaches to Long-Term Weight Management: Paradox and Proof symposium at the annual meeting of the Society of Behavioral Medicine, Washington, DC. Annals of Behavioral Medicine, 41 (Supplement), S49.

McClure, K. (g), Quinn, D. M., & **Gorin, A. A.** (2011, April). *Weight stigmatization as a risk factor for weight control and health*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC. Annals of Behavioral Medicine, 41 (Supplement), S175.

Wortman, J. H. (g), Park, C. L., Blank, T. O., **Gorin, A. A.**, & Albanese, B. (2011, April). *Targeting the teachable moment: Results of a pilot test of a lifestyle intervention for breast cancer survivors*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC. Annals of Behavioral Medicine, 41 (Supplement), S157.

Clarke, M. (g), Kauffman, J. (u), LaRose, J., & **Gorin, A. A.** (2011, October). *Exercise habits in college students: Factors associated with maintaining physical activity levels throughout the transition to college*. Poster presented at the annual meeting of the Obesity Society, Orlando, FL. Obesity, 19 (Supplement), S147.

McClure, K. J. (g), Clarke, M. M. (g), **Gorin, A. A.**, & Quinn, D. M. (2011, October). *Weight-based rejection sensitivity as a risk factor for unhealthy dieting and exercise behaviors*. Poster presented at the annual meeting of the Obesity Society, Orlando, FL. Obesity, 19 (Supplement), S136.

Schierberl Scherr, A. (g) & **Gorin, A.A.** (2011, October). *Shared behavioral risk factors in spouses preparing for weight loss treatment*. Poster presented at the annual meeting of the Obesity Society, Orlando, FL. Obesity, 19 (Supplement), S97.

Raynor, H. A. Looney, S., Steeves, E., Spence, M., & **Gorin, A. A.** (2011, October). *The effect of a dietary energy density prescription on dietary quality, restriction, and weight loss*. Poster presented at the annual meeting of the Obesity Society, Orlando, FL. Obesity, 19 (Supplement 1), S113.

Cloutier, M. M., Hernandez, D. (g), Wiley, J., Wakefield, D., Grant, A., Beaulieu, A., & **Gorin, A. A.** (2012, April). *Initial implementation of a brief intervention to change maternal behavior in urban children at risk for obesity*. Poster presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA. Annals of Behavioral Medicine, 41, (Supplement), S108.

Crowell, R. E., **Gorin, A. A.**, Wakefield, D., Wiley, J., & Cloutier, M. M. (2012, April). *Caregiver feeding style, acculturation, and obesity in Latino children enrolled in an obesity prevention program*. Poster presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA. Annals of Behavioral Medicine, 41, (Supplement), S30.

Schierberl Scherr, A. (g), McClure, K.J. (g), & **Gorin, A.A.** (2012, April). *Do romantic partners' diet and activity behaviors impact each other's weight loss? Results from a couples weight loss intervention*. Poster presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.

Lenz, E. M. (g) & **Gorin, A. A.** (2013, March). *Mirror, mirror: Do people accurately estimate the weight of family members?* Poster presentation at the 34th annual meeting of the Society of Behavioral Medicine Conference, San Francisco, CA. Annals of Behavioral Medicine, 45, (Supplement), S218.

Tate, D. F., Gokee-LaRose, J., **Gorin, A. A.**, Griffin, L. P., & Wing, R. R. (2013, March). *Two daily weighing interventions to promote weight gain prevention: The Study of Novel Approaches to Prevention (SNAP)*. Paper presented as part of the Why Weigh Every Day? Interventions Promoting Daily Weighing Across the Weight Management Spectrum symposium at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA. Annals of Behavioral Medicine, 45, (Supplement), S57.

Schierberl Scherr, A. (g), McClure Brenchley, K.J. (g), & **Gorin, A.A.** (2013, March). *Examining a ripple effect: Do spouses' behavior changes affect each others' weight loss?* Meritorious student abstract. Paper presented at the 34th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Francisco, California. Annals of Behavioral Medicine, 45, (Supplement), S90.

Butryn, M., Arigo, D., & **Gorin, A. A.** (2013, November). *More support that support matters: Perceived support from spouses associated with weight loss success*. Poster presented at the 31st Annual Meeting of The Obesity Society, Atlanta, GA. Obesity, 21 (Supplement), S157.

Cloutier, M. M., Wiley, J., Hernandez, D. (g), Beaulieu, A., Grant, A., & **Gorin, A. A.** (2013, November). *Outcome of a primary care based intervention to prevent obesity in young children: Steps to Growing Up Healthy. First Place Poster Award*, Clinical Track, Presented at the 31st Annual Meeting of The Obesity Society, Atlanta, GA. Obesity, 21 (Supplement), S226.

Hernandez, D. (g), Cloutier, M. M., Wiley, J., Beaulieu, A., & **Gorin, A. A.** (2013, November). *Barriers to initial behavior change in a primary care based obesity prevention program for young children*. Poster presented at the 31st Annual Meeting of The Obesity Society, Atlanta, GA. Obesity, 21 (Supplement), S228.

Lenz, E. (g) & **Gorin, A. A.** (2013, November). *To succeed or not succeed? That is the pretreatment question*. Poster presented at the 31st Annual Meeting of The Obesity Society, Atlanta, GA. Obesity, 21 (Supplement), S156.

Trapp, C. M., **Gorin, A. A.**, Wiley, J., Burke, G., Hernandez, D. (g), Crowell, R., Grant, A., Beaulieu, A., & Cloutier, M. M. (2013, November). *What's diet got to do with it? Examining the relationship between food security, dietary intake, and child BMI*. Poster presented at the 31st Annual Meeting of The Obesity Society, Atlanta, GA. Obesity, 21 (Supplement), S226.

Wiley, J., **Gorin, A. A.**, Wakefield, D. B., Hernandez, D. (g), Grant, A., Beaulieu, A., & Cloutier, M. M. (2013, November). *Acculturation and risk of obesity in Hispanic children*. Poster presented at the 31st Annual Meeting of The Obesity Society, Atlanta, GA. Obesity, 21 (Supplement), S186.

Schierberl Scherr, A. (g), Powers, T., & **Gorin, A. A.** (2014, April). *A qualitative approach to understanding romantic partners' support for weight loss efforts*. Poster presented at the 35th Annual Meeting of the Society of Behavioral Medicine, Philadelphia, PA. Annals of Behavioral Medicine, 47, (Supplement), S269.

Lenz, E. (g) & **Gorin, A. A.** (2014, April). *Weight history, physical, and mental health: Does gender matter?* Poster presented at the 35th Annual Meeting of the Society of Behavioral Medicine, Philadelphia,

PA. Annals of Behavioral Medicine, 47, (Supplement), S209.

Gettens, K. (g), Lenz, E. M. (g), Powers, T., & **Gorin, A. A.** (2105, April). *The role of partner support and relationship satisfaction in health behavior change*. Poster presented at the 36th Annual Meeting of the Society of Behavioral Medicine, San Antonio, TX. Annals of Behavioral Medicine, 48, (Supplement), S45.

Gettens K. (g), Lenz E. M. (g), Powers T., **Gorin, A. A.** (2014, November). *The effect of motivation and partner support styles on weight loss outcomes in a self-guided program*. Poster presented at the 32nd Annual Meeting of The Obesity Society, Boston, MA. Obesity, 22 (Supplement), S76.

Lenz, E. M. (g), Gettens, K., (g) Powers, T., **Gorin, A. A.** (2014, November). *How much is too much? Binge eating among overweight and obese college students*. Poster presented at the 32nd Annual Meeting of The Obesity Society, Boston, MA. Obesity, 22 (Supplement), S84.

Ortiz-Miller, J., Cloutier, M. M., Wiley, J., Grant, A., & **Gorin, A. A.** (2014, November). Community health workers to engage families in obesity prevention. Poster presented at the 32nd Annual Meeting of The Obesity Society, Boston, MA. Obesity, 22 (Supplement), S33.

Vollmer, R. L. (g), Adamsons, K., **Gorin, A. A.**, Smith, J. S. (g), & Mobley, A. R. (2014, November). *Investigating the relationship of body mass index, diet quality, and physical activity between fathers and their preschool age children*. Poster presented at the 32nd Annual Meeting of The Obesity Society, Boston, MA. Obesity, 22 (Supplement), S48.

Wang, J., Bennett, M., Cloutier, M. M., Dugan, A., Gadlin, H., Mobley, A., Pescatello, L., Swede, H., & **Gorin, A. A.** (2014, November). *Thinking big about obesity: A transdisciplinary team science building initiative*. Poster presented at the 32nd Annual Meeting of The Obesity Society, Boston, MA. Obesity, 22 (Supplement), S94.

Selensky, J. (u), & **Gorin, A. A.** (2015, April). *Self-esteem, motivation, and healthy lifestyles in college students*. Poster presented at the 36th Annual Meeting of the Society of Behavioral Medicine, San Antonio, TX. Annals of Behavioral Medicine, 48, (Supplement), S128.

Schaumberg, K., Butryn, M. L., Lowe, M. R., **Gorin, A. A.**, & Forman, E. M. (2015, April). *Self-reported power of food moderates the relationship between an obesogenic home environment and caloric intake in obese treatment*. Poster presented at the 36th Annual Meeting of the Society of Behavioral Medicine, San Antonio, TX. Annals of Behavioral Medicine, 48, (Supplement), S70.

Wing, R. R., Tate, D. F., Espeland, M., Lewis, C. E., **Gorin, A. A.**, LaRose, J., Bahnson, J., Erickson, K., Ferguson, E., & Lang, W. (2015, March). *Innovative self-regulation strategies reduce weight gain in young adults*. Moderated poster presented at the American Heart Association's annual meeting, Epidemiology and Prevention and Lifestyle and Cardiometabolic Health section; Baltimore, MD.

Garza, J. L., Cavallari, J. M., Faghri, P., **Gorin, A. A.**, Huedo-Medina, T., Kenny, A., Dugan, A. (2015, November). *Demographic, health-related, and work-related factors associated with body mass index among manufacturing workers in different age groups*. Poster presentation at the 143rd APHA Annual Meeting and Exposition; Chicago, IL.

Bugbee, M., Lenz, E. M. (g), **Gorin, A. A.**, Cornman, D. (2015, November). *Oblivobesity: Inaccuracy of weight categorization among college students*. Poster presented at Obesity Week 2015; Los Angeles, CA.

Butryn, M. L., Forman, E. M., Lowe, M. R., **Gorin, A. A.**, & Zhang, F. (2015, November). *Acceptance-based behavioral weight loss treatment improves outcomes for African-American participants*. Poster presented at Obesity Week 2015; Los Angeles, CA.

Garbus, H., Boudreau, K., Werth, J., Murilo, J., & **Gorin, A. A.** (2015, November). *"#WeTakeTheStairs": A study of the effects of school spirit posters on stair taking behavior in a university dormitory*. Poster presented at Obesity Week 2015; Los Angeles, CA.

Garza, J. L., Cavallari, J. M., Faghri, P., **Gorin, A. A.**, Huedo-Medina, T., Kenny, A., Dugan, A. (2015, November). *Factors associated with change in body mass index and body fat percentage among*

workers at six Connecticut manufacturing companies across different age groups. Poster presented at Obesity Week 2015; Los Angeles, CA.

Gettens, K. (g), Cornelius, T. (g), Powers, T.A., Fitts, T., **Gorin, A. A.** (2015, November). *Gender differences in effects of motivation to exercise on physical activity levels among college students: A Self-Determination Theory approach.* Poster presented at Obesity Week 2015; Los Angeles, CA.

Klinck, M. (u), Naples, J. (u), Fisher, J. (u), & **Gorin, A. A.** (2015, November). *Get off the couch! Increasing physical activity through the use of social support or financial incentives.* Poster presented at Obesity Week 2015; Los Angeles, CA.

Kronschnabel, K. (u), Nguyen, K. (u), Everett, V., Frymus, L. (u), Habib, N. (g), Plotke, A., & **Gorin, A. A.** (2015, November). *Effects of exercise calorie equivalent labels on college dining hall food selection.* Paper presented at Obesity Week 2015; Los Angeles, CA.

Lenz, E. M. (g), Bugbee, M., Cornman, D., & **Gorin, A. A.** (2015, November). *Gender differences in binge eating and compensatory behaviors among college students.* Poster presented at Obesity Week 2015; Los Angeles, CA.

Mills, A. (u), Daniel, J. (u), Yangdon, T. (u), & **Gorin, A. A.** (2015, November). *Spoodle's control: A measure of portion size and food selection.* Poster presented at Obesity Week 2015; Los Angeles, CA.

Windover, M. R. (u), Lenz, E. M. (g), Wojtanowski, A. C., Foster, G. D., **Gorin, A. A.** (2015, November). *Dietary fat intake in parents with overweight and obesity and their children: The influence of mom.* Poster presented at Obesity Week 2015; Los Angeles, CA.

Cornelius, T. (g), Gettens, K. (g), & **Gorin, A. A.** (2016, January). *Pair dynamics in a weight-loss intervention.* Poster presented at the 17th annual meeting of the Society for Personality and Social Psychology; San Diego, CA.

Butryn, M. L., Forman, E. M., Lowe, M. R., **Gorin, A. A.**, & Zhang, F. (2016, April). *Enhancements to behavioral weight loss improve results for African-American participants: Results of the ENACT clinical trial.* Paper presented at 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine; Washington, DC.

Gettens, K. (g) & **Gorin, A. A.** (2016, April). *Automaticity and habit formation for physical activity in college students.* Poster presented at the 37th annual meeting of the Society for Behavioral Medicine; Washington, DC.

Gorin, A. A., Wiley, J., Wang, Z. Grant, A., & Cloutier, M. M., (2016, April). *Breastfeeding intentions in low-income mothers: Confidence and knowledge about breastfeeding as potential targets of intervention.* Paper presented at the 37th annual meeting of the Society for Behavioral Medicine; Washington, DC.

Lanoye, A. (g), **Gorin, A. A.**, Bean, M. K., Fava, J., Carey, K. B., Robinson, E.M., & LaRose, J. (2016, March). *Psychosocial characteristics of emerging adults enrolling in a lifestyle intervention for weight loss.* Poster presented at the 37th Annual Meeting of the Society of Behavioral Medicine, Washington, DC.

Gorin, A. A., LaRose, J. G., Espeland, M. A., Jelalian, E., Robichaud, E., Coward, P. et al. (2016, November). *Does self-regulation using daily self-weighing increase risk for eating pathology and negative psychological outcomes: The Study of Novel Approaches to Weight Gain Prevention (SNAP).* Poster presented at Obesity Week 2016, New Orleans, LA. Awarded TOS Clinical Management Section, Best Abstract by an Established Investigator.

Gorin, A. A., Lenz, E. M. (g), Huedo-Medina, T., Cornelius, T. (g), Wojtanowski, A., & Foster, G. D. (2016, November). *Ripple effect of a nationally available weight loss program on untreated spouses.* Paper presented at Obesity Week, Annual meeting of the Obesity Society, New Orleans, LA.

Cloutier, M. M., Wiley, J. F., Wang, Z., Mitchell, A., & **Gorin, A. A.** (2016, November). *Early childhood obesity prevention (ECHO) program: Building healthier families and communities, preliminary results*. Poster presented at Obesity Week, Annual meeting of the Obesity Society, New Orleans, LA.

Gettens, K. (g), & **Gorin, A. A.** (2016, November). *Executive function is associated with weight status and exercise habits in emerging adults*. Poster presented at Obesity Week, Annual meeting of the Obesity Society, New Orleans, LA.

Unick, J., LaRose, J. G., Bond, D. S., Egan, C. M., Wing, R. R., Tate, D. F., **Gorin, A. A.**, et al. (2016, November). *The relationship between objectively-assessed physical activity and weight change: The Study of Novel Approaches to Weight Gain Prevention (SNAP)*. Poster presented at Obesity Week, Annual meeting of the Obesity Society, New Orleans, LA.

LaRose, J. G., Bean, M. K., Blumenthal, M., Lanoye, A., Fava, J. F., **Gorin, A. A.**, et al. (2016, November). *Using motivational interviewing to enhance engagement in a weight loss program targeting emerging adults: Findings from a randomized controlled pilot trial*. Poster presented at Obesity Week, Annual meeting of the Obesity Society, New Orleans, LA.

Gorin, A. A., Cornelius, T. (g), Lenz, E. M. (g), Wojtanowski, A., & Foster, G. D. (2017, March). *Helping and hindering: Exploring different types of spouse/partner support in weight loss*. Paper presentation as part of Symposium: Taking a deep dive into the root causes of weight control: Examining social psychological theories and their role in weight loss programs. Society of Behavioral Medicine Annual Meeting, San Diego, CA.

Gettens, K. (g), Carbonneau, N., Powers, T.A., Koestner, R., **Gorin, A. A.** (2017, March). *Autonomy support by romantic partners is associated with decreased controlled regulation for weight loss among high BMI women*. Poster presented at the 38th annual meeting and scientific sessions of the Society for Behavioral Medicine, San Diego, C.A.

Clarke, M. M. (g), **Gorin, A. A.**, Selensky, J. (g) (2017, March). *Infant sleep training and maternal health behaviors*. Poster presented at the 38th Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.

Santos, M. & **Gorin, A. A.** (2017, March). *Preliminary results from a hospital based weight management program: Fit5*. Poster presented at the Annual Meeting of the Society of Pediatric Psychology, Portland, OR.

Butryn, M.L., Forman, E.F., Zhang, F., Lowe, M.R., & **Gorin, A. A.** (2017, November). *Environmental and acceptance-based behavioral weight loss: Mechanisms and long-term outcomes*. Poster to be presented at the annual meeting of the Obesity Society, Washington, D.C.

Cornelius, T. (g), Gettens, K. (g), Lenz, E. (g), Foster, G., Wojtanowski, A., & **Gorin, A. A.** (2017, November). *Obligation, persuasion, and pressure, oh my! Directive support and weight loss in context*. Paper presented at the annual meeting of the Obesity Society, Washington, D.C.

Gettens, K. (g), Cornelius, T. (g), & **Gorin, A. A.** (2017, November). *Executive function and weight loss outcomes in a behavioral weight loss intervention*. Poster presented at the 34th annual meeting of the Obesity Society.

Wyckoff, E.P. (g), Marfo, N. (g), Lenz, E. (g), & **Gorin, A. A.** (2017, November). *Weight of your mate: Can you accurately estimate your spouse's weight?* Poster presented at the annual meeting of the Obesity Society, Washington, D.C.

Field, C. (u), Wyckoff, E. P. (g), Witsie, T. (u), Gettens, K. (g), Burgess, D. & **Gorin, A. A.** (2017, November). *Advances in self-monitoring of blood glucose in type-2 diabetes: a qualitative study on patient experience and views of emerging technologies*. Poster presented at the 34th annual meeting of the Obesity Society.

Wyckoff, E.P. (g), Cornelius, T., Lenz, E., Foster, G.D., Wojtanowski, A.C., **Gorin, A. A.** (2018,

April). *The influence of chaos in the home on the home food environment following a weight-loss program*. Paper presented at the 39th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.

Cornelius, T., Gettens, K., Lenz, E., Wojtanowski, A.C., Foster, G. D., & Gorin, A. A. (2018, April). *What can social and environmental context tell us about weight loss?*. Poster presented at the 39th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.

PRESENTATIONS AT UCONN

1. UConn Psychology Department (November, 2006). *Weight of the nation: The obesity epidemic*. Storrs, CT.
2. Center for Health, Intervention, and Prevention, UConn (December, 2007). *The role of the home environment in weight control: Opportunities for intervention*. Storrs, CT.
3. UConn Greater Hartford Campus (December, 2007). *Food and the family: How our home environments influence our weight*. West Hartford, CT.
4. UConn Health Center (March, 2009). *Preventing and treating obesity: Opportunities for intervention within the home microenvironment*. Farmington, CT.
5. UConn School of Medicine (October, 2011). *Obesity from a biopsychosocial perspective*. Farmington, CT.
6. UConn's Public Health House Learning Community and the First Year Program (November, 2011). *Challenges and opportunities for reversing the obesity epidemic*. Storrs, CT.
7. UConn, Department of Nutritional Sciences (November, 2012). *Establishing a healthy home: Obesity prevention and treatment approaches that focus on the family*. Storrs, CT.
8. UConn Honors Next Generation STEM Skills series (September, 2015). *Team science: How interdisciplinary collaborations can spark research innovation*. Storrs, CT.
9. UConn Health, Clinical Research Center (May, 2015). *Creating optimal defaults at home: Making the healthy choice the easy choice to prevent obesity*. Farmington, CT.
10. UConn Psi Chi Induction (December, 2015). *Weighty matters: Designing interventions to promote healthy eating and exercise*. Storrs, CT.
11. UConn Clinical Psychology Brownbag (March, 2016). *Weight management laboratory research update*. Storrs, CT.
12. UConn's Institute for Brain and Cognitive Sciences Meet and Greet Event (April, 2016). *Institute for Collaboration on Health, Intervention, and Policy: Opportunities for team science*. Storrs, CT.
13. UConn President's Cabinet Retreat (April, 2016). *Gen X and Y: Health, behavior, education*. Providence, RI.
14. UConn Council of Deans (May, 2016). *Emerging adults: Health and behavior*. Storrs, CT.
15. UConn Honors Next Generation STEM Skills series. (September, 2016). *Team science: How interdisciplinary collaborations can spark research innovation*. Storrs, CT.
16. UConn Men's Soccer Team Coaching Staff (December, 2016). *Understanding generational trends in college students*. Storrs, CT.
17. UConn Division of Athletics, Leadership Team (December, 2016). *Understanding generational trends in college students*. Storrs, CT.
18. UConn Academic Administrative Assistant Team (April, 2017). *Emerging adults: Health and behaviors in millennials*. Storrs, CT.
19. UConn New Faculty Orientation (August, 2017). *Emerging adults: Health and behaviors in millennials*. Storrs, CT.

20. UConn Graduate School (April, 2018). *Graduate student fellowships: NIH funding options*. Storrs, CT.

INVITED PRESENTATIONS

1. Weight Watchers of Maine. (May, 2001) *Maintenance myths: Separating fact from fiction in behavioral weight control*. Portland, Maine.
2. The Miriam Hospital's Annual Women's Wellness Conference. (April, 2002). *Tipping the scale in your favor: Controlling your weight to improve your health*. Providence, RI.
3. College of the Holy Cross, Katherine Ann Henry Memorial Lecture. (April, 2002). *Supersized nation: America's obesity epidemic*. Worcester, MA.
4. New Hampshire Department of Health and Human Services, Diabetes Today Conference. (September, 2002). *Battle of the bulge: America's war with weight*. Concord, NH.
5. Rhode Island Psychological Association. (January, 2003). *Research Update 2003: Guidelines for Treatment of Overweight and Obesity*. Warwick, RI.
6. Obesity Canada. (October, 2003). *Long-term management of obesity: Lessons learned from the National Weight Control Registry*. Ottawa, Canada.
7. University of Massachusetts Dartmouth's Women Scholarship on Campus Symposium (April, 2004). *Research in Progress: Obesity Update*. North Dartmouth, MA.
8. University of Massachusetts Dartmouth's Center for Teaching and Learning Symposium Series (December, 2004). *Speaking of Food*. North Dartmouth, MA.
9. University of Rochester School of Medicine and Dentistry, Roadmap to Better Health: Translating Behavioral Science into Practice Conference (April, 2010). *Addressing the family environment in weight management: Lessons learned from recent obesity trials*. Rochester, NY.
10. College of the Holy Cross, Psi Chi Honor Society Induction ceremony (October, 2010). *Beyond Beaven: How the lessons I learned at Holy Cross shaped my psychology career*. Worcester, MA.
11. New England Chapter of the American College of Sports Medicine (November, 2010). *Health starts at home: How the physical and social home environment can impact weight management*. Providence, RI.
12. National Cancer Institute, Dyadic Processes Across the Cancer Continuum Invited Conference (November, 2010). *For better or worse? Weight loss and weight gain among couples*. Bethesda, MD.
13. University of Rochester, Center for Healthy Living (January, 2011). *Behavioral weight control: Delivering a lifestyle modification program* (full day training). Rochester, NY.
14. US Naval Base (May, 2011). *Weight loss and maintenance: Will we be able to rise to the challenge?* Groton, CT.
15. Middlesex Hospital (October, December, 2012). *Motivational interviewing for obesity prevention and treatment in primary care*. Invited workshop (6 hours). Middletown, CT.
16. National Cancer Institute, Challenges and Opportunities for Integrating Health Behavior Theory and Intervention in Complex Social and Structural Contexts Workgroup Meeting (November, 2014). *Health behavior theory and dyadic interventions*. Bethesda, MD.
17. Dartmouth College, Interdisciplinary Network Research Group Seminar Series (May, 2015). *Family ties: Approaching weight management from a household perspective*. Hanover, NH.
18. American Psychological Association, Division 38 Health Psychology (August, 2016). *Moving Beyond the Individual---Intervening in Obesogenic Environments to Promote Weight Management*. Denver, CO.
19. Eastern Connecticut College (April, 2017). *Generational trends in college students: Coaching and teaching Gen Y, Z, and beyond*. Willimantic, CT.

UNIVERSITY TEACHING ROLES**Undergraduate Courses Taught**

Course	University	Semester/Year
Community Based Participatory Research in Obesity Prevention, I	University of Connecticut	F14
Community Based Participatory Research in Obesity Prevention, II	University of Connecticut	S15
Abnormal Psychology	University of Connecticut	S13, F12, F11, S11, S10, F09, S09, F08, F07
	University of Massachusetts Dartmouth	F03, S04, F04
Health Psychology	University of Connecticut	S13, S11, S10, S09, S08
Personality Theories	University of Connecticut	F09, S09
	University of Massachusetts Dartmouth	F03, F04, S06
	Stony Brook University	Summer 97
Research Methods	University of Massachusetts Dartmouth	S04, S05
Psychology of Eating	University of Massachusetts Dartmouth	S06
Behavioral Medicine	Brown University	Summer 01, 02
Psychology of Women	Stony Brook University	Summer 98
Clinical Psychology	Stony Brook University	F98

Graduate Courses Taught

Course	University	Semester/Year
Empirically Supported Therapies	University of Connecticut	S14, S15, S16, S17, S18
Obesity Clerkship	Brown Medical School	Summer 02-07
Advanced Psychopathology	University of Massachusetts Dartmouth	F05

ADVISING**Doctoral Committees**

Hagan, E.	2009	Kinesiology	Parental perceptions of influence on children's physical activity behavior	Associate Advisor
Belay, S.	2010	Psychology (Clinical)	Peer influence on body image and depressive symptoms in adolescent girls	Associate Advisor
Pitpitan, E.	2011	Psychology (Social)	Exit or embrace the group? Examination of this question for obese people as a stigmatized group	Associate Advisor
Hutchinson, K.	2011	Psychology (Clinical) – U Hartford	Anorexia and the internet: Perceived risks and benefits of pro-anorexia and eating disorder recovery websites	Associate Advisor
Kerwin, G.	2011	Psychology (Social)	Starving for identity: A grounded analysis of the pro-anorexia movement	Associate Advisor
Burbridge, C.	2011	Psychology (Clinical)	The impact of experienced trauma, alexithymia, and thought suppression on endocrine functioning in women undergoing infertility treatment	Associate Advisor
McClure, K.	2012	Psychology (Social)	Weight-based rejection sensitivity: Scale development and implications for well-being	Associate Advisor
O'Leary, K.	2013	Psychology (Clinical)	Impact of brief interventions on physiological stress response	Associate Advisor
Perez Lougee, G.	2013	Psychology (Clinical)	Effectiveness of an IMB-based educational intervention to promote Gardasil use among female undergraduate students	Associate Advisor
Schierberl Scherr, A.	2014	Psychology (Clinical)	Partner support and obesity treatment: Findings from focus groups and a couples-based weight loss intervention	Primary Advisor
Vollmer, R.	2014	Nutritional Sciences	Caregiver feeding styles and childhood obesity	Associate Advisor
Low, R.	2016	Psychology (Social)	Exploring and expanding the role of mental association in habits	Associate Advisor
Clarke, M.	2016	Psychology (Clinical)	Impact of infant sleep on maternal health behaviors	Primary Advisor
Cho, D.	2016	Psychology (Personality)	Health behaviors changes from adolescence to emerging adulthood: A multilevel modeling perspective	Associate Advisor

Finitsis, D.	2016	Psychology (Clinical)	Development of a brief motivational interview to promote health seeking behavior among individuals with symptoms of BII phobia	Associate Advisor
Hernandez, D.	2016	Psychology (Clinical)	Living with multiple stigmatized identities: The meaning of obesity in persons living with HIV/AIDS	Primary Advisor
Lenz, E.	2017	Psychology (Clinical)	Understanding the nature and influence of interpersonal weight bias on weight loss outcomes among adult romantic partners	Primary Advisor
Acker, J.	2017	Psychology (Clinical)	Sociocultural factors associated with intergenerational transmission of obesity	Associate Advisor
Burnham, K.	2017	Psychology (Clinical)	HIV stigma and viral suppression: Stress, coping, and substance use among people living with HIV/AIDS in South Georgia	Associate Advisor
Cornelius, T.	2017	Psychology (Social)	Dyadic processes in weight management	Primary Advisor
Foster, J.	2017	Nutritional Sciences	Food insecurity and obesity: A dyadic approach	Associate Advisor
Chea, M.	2017	Nutritional Sciences	Dietary quality in low income populations	Associate Advisor
Rodriguez-Arauz, G.	Current	Psychology (Clinical)	Parental feeding practices, healthy eating and children's weight: What does culture tells us?	Associate Advisor
Gettens, K.	Current	Psychology (Clinical)	The role of executive function on weight loss and maintenance in a couples-based intervention	Primary Advisor
Braun, T.	Current	Psychology (Clinical)	Psychosocial correlates of eating behaviors in individuals undergoing bariatric surgery	Primary Advisor
<u>Masters Theses</u>				
Imbriglio, C.	2006	Psychology – UMass Dartmouth	Freeze-framer for the treatment of test anxiety	Associate Advisor
Crane, M.	2007	Psychology – UMass Dartmouth	Individual and environmental level predictors of weight gain in college students	Associate Advisor

Wei, S.	2009	Nutrition	Sugar sweetened beverage consumption in toddlers and children	Associate Advisor
Schierberl Scherr, A.	2010	Psychology (Clinical)	Perception of child weight status and the management of child lifestyle behaviors: A study of overweight children and their mothers	Primary Advisor
Clarke, M.	2011	Psychology (Clinical)	Motivation for exercise maintenance in young adults	Primary Advisor
Pishori, A.	2011	Psychology (Clinical)	Differences in body image: Comparing Asian American Ethnic Groups and White Americans	Associate Advisor
Low, R.	2011	Psychology (Social)	Testing for a descriptive and injunctive norm interaction in promoting health behavior	Associate Advisor
Hernandez, D.	2013	Psychology (Clinical)	Barriers to implementation of a pediatric primary care obesity prevention program	Primary Advisor
Lenz, E.	2013	Psychology (Clinical)	Predictors of weight loss in a comprehensive Behavioral Weight Loss Program	Primary Advisor
Acker, J.	2013	Psychology (Clinical)	Evidence and implications of weight clustering among adolescents	Associate Advisor
Cornelius, T.	2014	Psychology (Social)	Living in a comparative world: The influence of roommate characteristics on body satisfaction and eating behaviors	Associate Advisor
Joseph, L.	2014	Nutritional Sciences	Snacking in preschool children	Associate Advisor
Gettens, K.	2015	Psychology (Clinical)	Relationship satisfaction, autonomous self-regulation, and weight loss goal progress	Primary Advisor
Braun, T.	2015	Psychology (Clinical)	Self compassion, mindfulness, and disordered eating	Associate Advisor
Goshe, B.	2016	Psychology (Clinical)	Cyberbullying: Psychosocial and sexual risk factors	Associate Advisor
Shook, J.	2016	Allied Health	Mediterranean diet and cardiovascular disease: A multivariate approach	Associate Advisor
Simon, J.	2016	Allied Health	Self-efficacy and obesity in correlational officers	Associate

				Advisor
Habib, N.	2016	Allied Health	HIV and obesity: A meta-analysis	Associate Advisor
Wyckoff, E.	2017	Psychology (Clinical)	Self-regulation and environmental factors as predictors of adult weight loss outcomes	Primary Advisor
Strainge, L.	2018	Psychology (Clinical)	Psychosocial Correlates of Medication Adherence Among College-Aged Women	Associate Advisor
Muller, T.	2018	Heidelberg University	Differences between men and women regarding reasons and expectations for participating in a couples weight loss study	Primary Advisor
Marfo, N.	Current	Psychology (Clinical)	Neighborhood environment as a predictor of outcomes in a childhood obesity prevention intervention	Primary Advisor

Undergraduate Honors Projects

Ward, M.	2005	Psychology – UMass Dartmouth	Environmental intervention to increase physical activity	Primary Advisor
White, S.	2005	Psychology – UMass Dartmouth	Effects of exercise environment on women's physical self-efficacy, anxiety, and mood	Primary Advisor
Perlmen, D.	2006	Psychology – UMass Dartmouth	Parental influence on physical fitness over time	Primary Advisor
Whitaker, E.	2006	Psychology – UMass Dartmouth	Effects of implementation planning and perfectionism on weight management goal progress	Associate Advisor
Selensky, J.	2015	Psychology	Self-esteem, motivation, and healthy lifestyles in college students; *Summer Undergraduate Research Fund Award	Primary Advisor
Windover, M.	2015	Nutritional Sciences	Concordance between parental and child dietary habits: Implications for intervention	Primary Advisor
Klinck, M.	2015	HDFS	Gender and weight stigma	Primary Advisor

Frymus, L.	2016	Nutrition, Culture, and Health	The Freshman 15: Feeding eating disorders on a college campus	Primary Advisor
Plotke, A.	2016	Health Policy	Nutrition labeling in a college setting	Primary Advisor
Boudreau, K.	2017	Psychology	Executive functioning in weight loss	Primary Advisor
Korostensky, N.	2017	Psychology	Social cognitive health goals: An intervention	Primary Advisor
Werth, J.	2017	Nutritional Sciences	The effects of individual, spouse and team attendance at behavioral weight management class on individual weight loss success	Primary Advisor
Field, C.	2017	Psychology	Diabetes self-monitoring systems and patient views on a cutting-edge development; *Summer Undergraduate Research Fund Award	Primary Advisor

FACULTY MENTORING

2017-present	Overseeing Interdisciplinary Mentoring Teams for junior faculty at the Institute for Collaboration on Health, Intervention, and Policy; UConn
2015-present	Mentoring Dr. Amanda Denes, Department of Communication Sciences, UConn; Working with Dr. Denes to collect pilot data through an internally funded Research Enhancement Award that will lead to a NIH application
2014-present	Mentoring Dr. Melissa Santos, Department of Pediatrics, UConn Health/CCMC; Served as a Dual PI on her InCHIP Award, Primary Mentor on her K application, and Co-Investigator on NIH submissions
2014-2016	Mentored Dr. Kelly Newlin Lew, School of Nursing, UConn; Mentored Dr. Newlin Lew following our Grant Writing Workshop as she submitted three external funding applications
2012-present	Mentoring Dr. Kelly Aschbrenner, Department of Psychiatry, Geisel School of Medicine at Dartmouth; Served as a Mentor on her K12 project leading into a successfully funded R01 from NIH

SERVICE

	<u>Departmental Service</u>
2015-present	Faculty Advisor ; Psi Chi National Honor Society
2015-present	Faculty Advisor ; Clinical Psychology Graduate Research Committee

2012- present
2011 **Member;** Health Psychology Certificate Committee
Presenter; Greater Hartford Campus, Center for Academic Studies Major Day, University of Connecticut

2008-2012 **Faculty Advisor;** Hartford Psychology Club, University of Connecticut

2007-2014 **Member;** Tri-Campus Psychology Committee, University of Connecticut

2005-2006 **Chair;** Health Psychology Search Committee, UMass Dartmouth

2005-2006 **Class Co-Advisor;** Class of 2008, UMass Dartmouth

2003-2006 **Member;** Undergraduate, Graduate, and Health Psychology Committees, UMass Dartmouth

University Service

2018 **Member;** Research Strategic Council, Office of the Vice President for Research, UConn

2018 **Member;** Vice Provost for Health Sciences Search Committee, UConn

2018 **Member;** Department of Allied Health, Innovative Methods Search Committee, UConn

2018 **Member;** Rudd Center for Food Policy and Obesity, Food Marketing Search Committee, UConn

2018 **Reviewer;** Postdoctoral Fellowship Research Grant Committee

2017-present **Member;** CLAS Diversity, Equity, and Inclusion Committee

2017-present **Member;** UConn's Institute for Brain and Cognitive Sciences (IBaCS) Advisory Board

2017-present **Mentor;** HuskyLEADS Program, Athletics, UConn

2017 **Chair;** Internal Review Committee – Junior Faculty Seed Grants, InCHIP

2016 **Reviewer;** Undergraduate IBaCS Grants

2016-present **Member;** Committee on Interprofessional Excellence in Healthcare, University of Connecticut

2016-present **Director;** InCHIP Training and Development Core

2016 **Reviewer;** Undergraduate IDEA Grants

2015-present **Associate Director;** Institution for Collaboration on Health, Intervention, and Policy

2013-2014 **Member;** Institutional Review Board, University of Connecticut

2011-2013 **Member;** Center for Health, Intervention, and Prevention Obesity Search Committee, University of Connecticut

2013-2014 **Member;** Department of Allied Health, Obesity Prevention Search Committee, University of Connecticut

2014, 2016 **Presenter;** Center for Health, Intervention, and Prevention Grant Workshop, University of Connecticut

2010-2011 **Member;** Public Engagement Committee, Center for Health, Intervention, and Prevention, University of Connecticut

2010, 2011, 2013 **Co-Chair;** Internal Peer Review Committee, Center for Health, Intervention, and Prevention, University of Connecticut

2008-present **Executive Committee Member;** Institute for Collaboration on Health, Intervention, and Policy (formerly CHIP), University of Connecticut

2008 **Reviewer;** Ethel Donaghue Center for Translating Research into Practice and Policy, University of Connecticut Health Center

2004-2006 **Executive Committee;** Women’s Studies Program, UMass Dartmouth

Public/Professional Service

2018 **Reviewer;** University of South Carolina, School of Public Health, Endowed Chair review

2018 **Reviewer;** Duke School of Nursing, promotion and tenure review

2018 **Reviewer;** University of Vermont, Agriculture and Life Sciences, Endowed Chair review

2017 **Reviewer;** Brown University School of Public Health, Department of Behavioral and Social Sciences promotion and tenure review

2016-present **Member;** S. Phelan’s (Cal Poly) Data Safety and Monitoring Board for a NIH-funded trial (meets remotely twice a year)

2016-present **Member;** Obesity Society Early Career Committee

2015-present **Member;** Obesity Society Audit Committee

2015-2017 **Member;** Obesity Society Publications Board

2015 **Member;** Waterbury Department of Public Health Obesity Task Force

2011-present **Member;** Mansfield Public Schools Wellness Committee

2008-2016 **Member;** Hartford Childhood Wellness Alliance

2014 **Reviewer;** University of Massachusetts Boston, Department of Exercise and Health Science tenure review

2010, 2011 **Reviewer;** The Obesity Society’s Annual Meeting

2009-2010 **Vice President;** Northeast Youth Hockey Association, Storrs, Connecticut

2008, 2015 **Conference Session Chair;** Obesity Society’s Annual Meeting

2007, 2014 **Conference Session Chair;** SBM’s Annual Meeting

2007 **Presenter;** Mansfield Kids’ Health Fair, Storrs, CT